

ABERAVON LEISUR & FITNESS CENTRE MAIN POOL PROGRAMME

Aberavon Leisure & Fitness Centre
Princess Margaret Way
Port Talbot
SA12 6QW

Call us on:
08000 43 43 43

Easter Holidays - Week 2 6th - 12th April

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim 6.30am - 1.00pm	Lane Swim 6.30am - 8.30am	Lane Swim 6.30am - 8.30am	Lane Swim 6.30am - 8.30am	Lane Swim 6.30am - 8.30am	Aqua Academy 8.00am - 11.00am	Lane Swim 9.00am - 4.00pm
Casual Swim 9.00am - 1.00pm	Casual Swim 8.45am - 3.45pm	Casual Swim 8.45am - 11.45am	Casual Swim 8.45am - 3.45pm	Casual Swim 8.45am - 10.45am	Lane Swim 9.00am - 2.00pm	Casual Swim* 9.00am - 4.00pm
	Lane Swim 8.45am - 6.00pm	Lane Swim 8.45am - 7.15pm	Lane Swim 8.45am - 6.30pm	Lane Swim 8.45am - 6.00pm	Casual Swim 11.15am - 1.15pm	Lane Swim 6.00pm - 7.00pm
	Inflatable Session 1.00pm - 1.50pm	Aqua 12.00pm - 1.00pm	Aqua Academy 4.00pm - 6.00pm	Casual Swim 1.15pm - 3.45pm	Pool Party Hire 1.45pm - 2.45pm	Aqua 6.00pm - 7.00pm
	Inflatable Session 2.00pm - 2.50pm	Casual Swim 1.15pm - 3.45pm	Casual Swim 6.15pm - 6.45pm	Aqua Academy 4.00pm - 6.00pm	Pool Party Hire 3.15pm - 4.15pm	
	Aqua Academy 4.00pm - 6.00pm	Aqua Academy 4.00pm - 6.00pm	Lane Swim 8.15pm - 9.15pm	Lane Swim 8.15pm - 9.15pm	Pool Party Hire 4.30pm - 5.30pm	
	Lane Swim 8.15pm - 9.15pm	Casual Swim 6.15pm - 7.15pm			Lane Swim 5.00pm - 7.00pm	

* Inflatable Sessions are bookable - 1pm for 5-8 year old & 2pm for 9-14 year old, adults can attend but will not be allowed on the inflatable. Safety briefing will be completed at the beginning of each session

Free Lane/Casual Swimming for Over 60s - Monday 9.00am - 10.00am

Free Swimming for Under 16s - Monday 4.30pm - 5.30pm & Wednesday 2.30pm - 3.30pm

Please note that Lane availability may vary during Academy hours and that the timetable may be subject to change.

Key:

Lane Swimming
Casual Swimming
Classes
Celtic Dolphins Academy Swimming Lessons
Pool Party Hire
Inflatable Session

Pool Parties

Why not try our cool
'Aqua Run' Inflatable for
your next Birthday party?



Race your friends to the end!

*This timetable is correct at the time of print but is subject to change with no notice. Please check our social media pages and website for details

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Family Swimming 9.00am - 1.00pm	Family Swimming 9.00am - 11.15am	Family Swimming 9.00am - 12.45pm	Family Swimming 9.00am - 11.15am	Family Swimming 9.00am - 11.15am	Aqua Academy 9.00am - 11.00am	Family Swimming 10.00am - 4.00pm
	Baby Dolphins 11.30am - 12.45pm	Baby Dolphins 1.00pm - 3.00pm	Baby Dolphins 11.30am - 12.45pm	Baby Dolphins 10.45am - 12.00pm	Family Swimming 11.00am - 4.00pm	
	Family Swimming 1.00pm - 3.45pm	Aqua Academy 4.00pm - 6.00pm	Family Swimming 1.00pm - 3.45pm	Family Swimming 1.15pm - 3.45pm		
	Aqua Academy 4.00pm - 6.00pm		Aqua Academy 4.00pm - 6.00pm	Aqua Academy 4.00pm - 6.00pm		

Key:

Family Swimming
Celtic Dolphins Academy Swimming Lessons

*Free Swimming for Under 16s - Sunday 9.00am - 10.00am
Please note that there are crash courses taking place during the morning in the Learner Pool from 9am - 11.30am

Learn to Swim

with the Celtic Dolphins
Swimming Academy
lessons for everyone
at Aberavon Leisure &
Fitness Centre



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Please check our social media pages and website for details